

Moama Public School



schoolstream

Term 3 Week 1 Tuesday 16th July 2019

Principal: Mr Scott McKenzie

Simms Street, Moama 2731 Phone: (03) 5482 1564 Fax: (03) 5480 6460

Email: moama-p.school@det.nsw.edu.au Website: <https://moamap.schools.nsw.gov.au/>

REMEMBER NO NUTS OR PRODUCTS CONTAINING NUTS ARE PERMITTED AT SCHOOL DUE TO SOME CHILDREN BEING HIGHLY ALLERGIC. THANK YOU FOR YOUR ASSISTANCE.

EVERY STUDENT MATTERS! EVERY MOMENT COUNTS!

UPCOMING CALENDAR DATES - 2019

TERM 3 – WELCOME BACK!

Wednesday 17 July

NAIDOC Week Barmah Excursion – for the whole school Preschool to Year 6



Instalment 10 due for Lady Northcote Camp

Monday 22 July to Friday 2 August

Primary Swimming & Water Safety Program Years 3-6

Tuesday 23 July

Bully Zero Presentation for parents - 6.30pm to 8pm – invitation and RSVP form inside

Wednesday 24 July

Instalment 11 due for Lady Northcote Camp

Sunday 28 July (change of date)

Public Speaking Final 10.30am at school

Wednesday 31 July

Instalment 12 due for Lady Northcote Camp

Tuesday 6 August

Primary Spelling Bee final – 11.35am



Wednesday 7 August

Instalment 13 due for Lady Northcote Camp

Friday 9 August

P & C Pie Drive Orders due in today

Monday 12 August

Deniliquin District Athletics Carnival
Brainstorm Productions performance K-6

Wednesday 14 August

Kyabram Fauna Park Excursion – Preschool to Year 2

Instalment 14 due for Lady Northcote Camp

Thursday 15 – Friday 16 August

Camp Kookaburra – Years 3/4

Friday 16 August

P & C Pie Drive

Tuesday 20 August

Premiers Reading Challenge finishes tonight

Wednesday 21 August

Instalment 15 due for Lady Northcote Camp

Monday 26 August

Father's Day Stall – 9.30am to recess

Wednesday 28 August

Instalment 16 due for Lady Northcote Camp

Friday 30 August

Father's Day BBQ Breakfast

Wednesday 4 September

Instalment 17 due for Lady Northcote Camp

Wednesday 11 September

Final instalment due for Lady Northcote

PBL ACHIEVEMENTS

	Respect	Responsibility	Achievement	HOW2Learn
KC	Adalyn Peace	Jacob Weston	Jamah Higgins	Lincoln Cleathero
1A	Shaye Tucker	Kyla Murray	Jett Plattfuss	Lucy Hearn
2C	Meylah Dow	Shelece Harrison	Braydon Risk	James Cain
3/4C	Chayce Green	Mia Hipwell	Hayley Armstrong	Tiahny Risk
3/4H	Logan Wright	Lukas Weiser	Ella Eddy	Summer Edmonds
5/6P	Abbi Hope	Ashalee Jenkins	Tyrone Irving	Sienna Cooke
5/6D	Maximus Court	Zander Highfield	Yalarnnah Bux	Rhys Drennan
★★ <i>Congratulations to all students for your efforts to support your learning this week</i> ★★				
Please note that 'NPP' means that parents have not granted permission for these students to have their name published in the newsletter.				

Enrolments are open for 2020



Preschool Hours of Operation

Moama Public Aboriginal Preschool is in the grounds of Moama Public School and is open to all children indigenous and non-indigenous turning 4yrs before 31st July the year before they attend primary school.

We run one group over three sessions during school times:

9:05am to 3:05pm - Monday, Tuesday and Wednesday.

(18 Hours in Total)

Enrolment Enquiries:

Phone: 03 5482 1564

Email: moama-p.school@det.nsw.edu.au

NEWSLETTER TERM 3 WEEK 1

Every student matters! Every moment counts!

Welcome back to what appears to be an already busy term. We have the Barmah excursion tomorrow for NAIDOC Week, Primary and Infants swimming programs, District Athletics carnivals, performances and much more.

Swimming

Our Primary swimming and water safety program commences next Monday, July 22 at the Echuca War Memorial Aquatic Centre. Please ensure that your child is prepared for these sessions by bringing the necessary equipment each day.

Staff Development Day

Yesterday our staff were lucky enough to visit Shepparton East Primary School. We observed explicit teaching in action and also discussed the implementation of an instructional model. This means that our staff will all teach using very similar practices and language. This model makes it easier for students to transition from one teacher to another at the end of each school year.

Scott McKenzie
Principal

Our beautiful mural now has a new frame!



INFANT FOREVER FRESH EXCURSION

On Wednesday 26th of June the infant students visited Forever Fresh as a culmination to their 'Healthy Foods' unit of work. As a part of this unit, the students learned about the importance of eating a 'rainbow' of fruit and vegetables. Below are some of their recounts of the excursion.



On Wednesday we went to Forever Fresh with KC and 2C. We met Sam and she showed us all of the fruit and vegetables. All of the brown and white fruit and vegetables make your bones strong. It was the best day!

By Lucy



On Wednesday KC, 1A and 2C went to Forever Fresh. Sam said that the green fruit and vegetables make you strong. We got to eat the fruit and vegetables on the table. The strawberries were yum. The walk was exhausting!

By Brock

On Wednesday KC, 1A and 2C went to Forever Fresh. We learned about fruits and vegetables. Sam told us about the red fruit and vegetables that make you run fast. It was the best day.

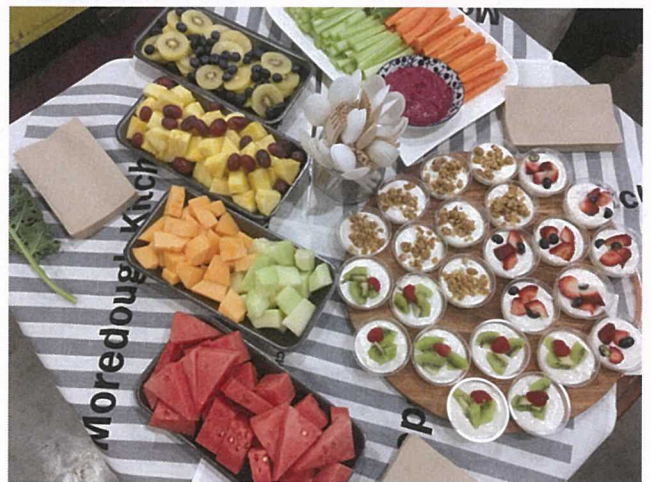
By Chloe



On Wednesday we walked over the bridge to Forever Fresh.

Green fruit makes us strong.

By Beau



On Wednesday KC, 1A and 2C went to Forever Fresh. We learned about fruit and vegetables. We learnt that carrots give you good eye sight.

By Cienna

Infant Excursion to Forever Fresh

During the last week of Term 2 the Infant classes visited Forever Fresh in Echuca. This excursion supplemented our Health Unit on Nutrition. Sam from Forever Fresh showed the students a variety of fruits and vegetables. She talked about eating the colours of the rainbow and the significance of each colour! At the conclusion of the visit the students got to sample a large platter of fruit and vegetables which they absolutely loved!

A big thank you to Forever Fresh for having us and to the parents and grandparents who accompanied us on the excursion. This was particularly helpful as we walked over the bridge. Thank you also to Ms. Monaco and Melissa Tracey for coming along and helping out too! Your help was greatly appreciated.

Ms. Rana Catlow

On behalf of the Infant Teachers



Debating Gala Day

During the last week of Term 2 I accompanied Sienna Cooke, Orlando Peterson, Erika Glover, Zane Hines and Chad Shanon to a Debating Gala Day at Deniliquin North Public school as part of the Premier's Debating Challenge. Our team had to debate against teams from both Deniliquin North and Deniliquin South Public Schools. We won one debate against Deniliquin South and lost the other to Deniliquin North. Well done to these students who put in their best effort with the planning and delivery of each of their debates. A big thank you to the parents who dropped the students off early at school so we could get to Deniliquin for our 8.30am start.

Ms. Rana Catlow
Debating Coordinator



Staff vs Junior School Council Netball



P AND C UPCOMING EVENTS 2019

PIE DRIVE

FRIDAY 16TH AUGUST

PLEASE SEE NEWSLETTER FOR ORDER FORMS – **LAST DAY FOR ORDERS IS 9/8/19**
MONEY RAISED WILL BE USED TO ASSIST TO CREATE INNOVATIVE LEARNING SPACES

FATHERS DAY STALL

MONDAY 26TH AUGUST

9.30AM - RECESS

50c - \$5.00

FATHERS DAY BBQ BREAKFAST

FRIDAY 30TH AUGUST

COFFEE VAN AVAILABLE

7.30AM – ONWARDS

ARMY THEMED DISCO

THURSDAY 12TH SEPTEMBER

TICKETS \$5.00- INCLUDES ENTRY, DRINK AND CHIPS

5.00PM - 6.00PM: PRE-SCHOOL-YR 2

6.30 - 8.00PM: YR 3-YR 6

Important information for parents and students.

The Department recognises that some families will be subject to family breakdown. In the absence of any notification to the contrary, it will be assumed that both parents retain a shared and equal parental responsibility for their children and have been involved in making any decisions regarding their children's education. This means that the school will recognise that each parent has equal duties, obligations, responsibilities and opportunities in relation to matters involving the school.

If any changes occur in your family relationships which have the potential to impact on the relationship between the school and your family, you are required to advise the school immediately. This includes providing copies of any court orders that may be obtained.

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

The simplest way

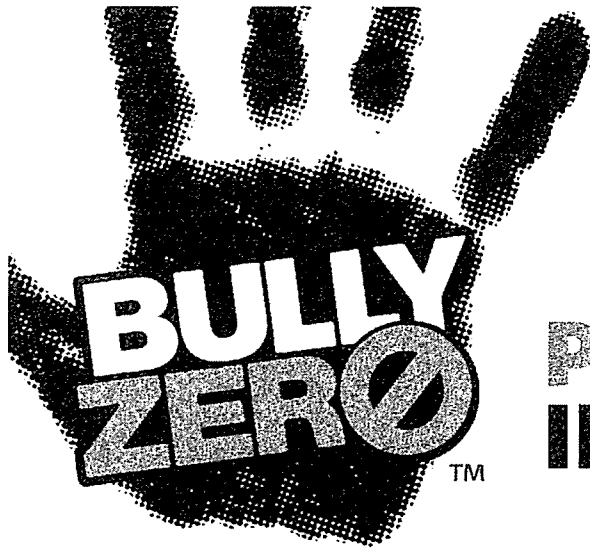
... to ensure your child is eating from
the five food groups

Try our nutritious [Chicken Burrito Bowl](#) which ticks off three of the five food groups.



Together with a piece of fruit and some dairy, such as a tub of reduced-fat yoghurt, lunch is sorted!

healthylunchbox.com.au



PARENT INFORMATION

What is bullying?

Bullying is when an individual or group uses its power and strength to repeatedly, deliberately and intentionally use words or actions against another or a group that hurts, threatens, excludes, harasses, humiliates verbally, physically, psychologically or electronically making the victim feel oppressed, traumatized and powerless.

What is cyberbullying?

Sending abusive texts, stalking, making threats, abusive emails, posting unkind messages or inappropriate images on sites, intimidating and deliberately excluding others online.

What bullying is not

- Disliking someone.
- Bad moods/ arguments/ being "bossy".
- Accidental or once off incidents physical harm.
- Telling a joke about someone once.
- Not playing with someone or choosing different people/ groups to play with.

Traditional Bullying

VS

Cyberbullying

- Face to face.
- Can find a safe space or escape.
- Limited to onlookers.
- Bully can be identified.
- Can see facial and body reaction.
of target and onlookers.

- 24 hours a day, 7 days a week, 365 days a year.
- No safe space- hard to escape.
- Shared by a wide audience, can go viral in a matter of seconds.
- Bully can be anonymous.
- Harder to empathize with the target.
- No geographical limitations.
- The target can easily become the bully.

Cyberbullying

As a parent learn the language, play the games, research the apps they use, role model positive behaviour but don't ban devices.

Encourage your children to:

Be critical thinkers.
Have empathy for others.
Respect themselves and those around them.
Take responsibility for their actions.

Be resilient.
Remove technology from the bedroom.
Talk about being safe online.

HELP AND RESOURCES

If you are experiencing violence or threats of violence, immediately report the incident to police.

All emergency and life-threatening incidents call **TRIPLE ZERO 000**

The Office of the eSafety Commissioner
1800 880 176
www.esafety.gov.au

Kids Helpline
1800 551 800
www.kidshelpline.com.au

Lifeline
13 11 14
www.lifeline.org.au

eHeadspace
1800 650 890
www.eheadspace.org.au

Beyondblue
1300 224 636
www.beyondblue.org.au

Lawstuff
www.lawstuff.org.au

BULLY ZERO™
www.bullyzero.org.au

Bullying. No Way!
www.bullyingnoway.gov.au

Think U Know
www.thinkuknow.org.au

Common Sense Media
www.common sense media.org

PARENTAL CONTROLS

Internet service providers e.g. Telstra, Optus,
Dodo, TPG

Family Zone
www.familyzone.com/au

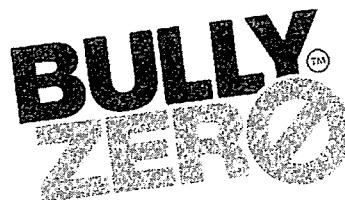
Net Nanny
www.netnanny.com

OurPact (free app)
www.ourpact.com

Life360 (free app)
www.life360.com

Want to make an impact? Support BULLY ZERO™ by sponsoring our education programs across Australia, visit our website for more information.
[03] 9094 3718 - www.bullyzero.org.au

SEPTEMBER 2018



CYBER SAFETY AND BULLYING PREVENTION PROGRAM

Our programs are delivered face-to-face nationwide, by qualified teachers and are certified by the Office of the eSafety Commissioner

CONTENTS:

- What is bullying / what is not
- The different types of bullying
- Facts and Australian statistics
- Who is involved
- Role of the Upstander
- Response to bullying
- Empathy and respect
- Online and offline behaviour
- Strategies
- Cyber safety
- Where to seek help

INCLUSIONS:

- Up to 4 Bullying Prevention Programs per day
- Uncapped number of participants
- Customised to your needs (no extra cost)
- Audio visual presentation, case studies, interactive activities and more
- BULLY ZERO™ Ambassador as guest speaker (subject to availability)
- Coreflute / brochures

Note: Contents delivered for each level are age appropriate and year level specific



Tuesday 23 July 2019

Preschool—Year 6 sessions during the day

Parent Session ~ 6.30pm—8.00pm

All parents/carers welcome

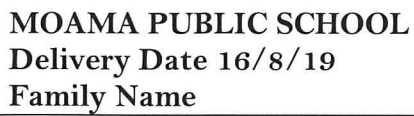


RSVP ~ Bully Zero ~ Parent Session

I will be attending the parent session on Tuesday 23 July.

Name _____

(Parent / Carer)

[illegible]

Orders close on FRIDAY 9TH
AUGUST 2019