

Moama Public School



schoolstream

Term 2 Week 9 Tuesday 18th June 2019

Principal: Mr Scott McKenzie

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Email: moama-p.school@det.nsw.edu.au Website: <https://moamap.schools.nsw.gov.au/>

REMEMBER NO NUTS OR PRODUCTS CONTAINING NUTS ARE PERMITTED AT SCHOOL DUE TO SOME CHILDREN BEING HIGHLY ALLERGIC. THANK YOU FOR YOUR ASSISTANCE.

EVERY STUDENT MATTERS! EVERY MOMENT COUNTS!

UPCOMING CALENDAR DATES - 2019

TERM 2

Wednesday 19 June

P & C Doughnut Drive orders & payments due now – your order form is inside



Final instalment due for Camp Kookaburra
Instalment 8 due for Lady Northcote Camp

Tuesday 25 June

Last day to collect Earn & Learn stickers!

Wednesday 26 June

Campaspe Boys Football
Forever Fresh excursion
Instalment 9 due for Lady Northcote Camp
Donut orders can be collected from the hall today between 11am and 2pm.

Friday 28 June

Last day of Term

TERM 3

Monday 15th July

Staff return to school

Tuesday 16th July

Students return to school

Wednesday 17 July

NAIDOC Week Barmah Excursion

Monday 22 July to Friday 2 August

Year 3/6 Swimming & Water Safety Program

Friday 9 August

Deniliquin District Athletics Carnival



PBL ACHIEVEMENTS

	Respect	Responsibility	Achievement	HOW2Learn
KC	Jett Welch	Jessiea Bray	Jye Green	Jazmine McSweeney
1A	Lily Dabonde	Chloe Bhatta	Shaylah Hinds	Jensen Griffiths-Hastie
2C	Ashanti Cooper	Dakota O'Brien	Arlie Welch	Ryley Slade
3/4C	Lashay Weekley	Savannah Dunn	Tahlia Sime	Katelyn Ledwidge
3/4H	Charlie-Rose Ledwidge	Taylah Tucker	Lylani Roberts	Marley Goddard
5/6P	Harry Dargan	Montana Farrall	Shaun Hanson	Summer Carter
5/6D	Ayessah Torres	Hayley Irving	Lily Cole	Orlando Peterson

★ ★ *Congratulations to all students for your efforts to support your learning this week* ★ ★

Please note that 'NPP' means that parents have not granted permission for these students to have their name published in the newsletter.

iPLAY News

Last Thursday and Friday we welcomed our iPLAY team back to school to complete their final data collection for their research study in physical fitness. The partnership with Moama Public and the universities first began in 2017 when our target group was set up.

Each year the iPLAY team visit and the selected students participate in a fitness test and a survey and then the students wear pedometers (a watch) for a week to track their levels of activity.

iPLAY is free for schools because a component of the program is a research project. The research group are hoping to help children become more active, motivated and engaged in physical activity at school.

The funding for the program and the research was provided by the NSW Department of Education and the National Health and Medical Research Council.

The students are asked to return their pedometers to school next Monday 24 June, 2019.



Education



Institute for Positive Psychology & Education



NEWSLETTER TERM 2 WEEK 9

Every Student matters! Every moment counts!

As we are nearing the end of the school term it has been noticeable that student behaviour is waning. I'm asking all parents to please discuss the expected behaviour of their children both inside and outside of school hours. It is very important to remind your children that they are still representing the school even when school is dismissed, especially whilst they are in school uniform.

Bully Zero

Early next term we will be running some sessions around the topics of bullying and cyber bullying. We are doing this proactively as we wish to educate students and families in this area. The "Bully Zero" organisation will be running both student and parent sessions on Tuesday, July 23. Please see a flyer attached to this newsletter explaining this further and a slip for you to return if you would like to attend the parent session.

Police Visit from Constable Paul Ebsworth

Constable Ebsworth is a representative of the Deniliquin network police department. He will be talking to the Year 5 & 6 boys tomorrow. The talk will be focused on respect, following rules in society, school and at home and the consequences of not doing the right thing.

Public Speaking

At the time of writing this piece Stage 2 and 3 students were participating in the school level Public Speaking final. I know that the students have all been very busy preparing, practicing and presenting their speeches. The first two place getters from each stage will move onto the regional final held early next term. I wish everyone well with their presentations today. Look out for a report in next week's newsletter.

AFL Visit

Tomorrow, we are lucky enough to have a visit from some North Melbourne footballers. I am sure that all of the students will enjoy this as they learn from some very talented footballers who represent the best team in the AFL.

Reports

Student reports will be sent home tomorrow with your child. Please take the time to read it and discuss it with them. If you have any questions around the reports please do not hesitate to contact your classroom teacher.

Permission Slips

We have a number of excursions and activities commencing early next term. Please ensure you sign and return permission slips for an excursion out to Barmah as well as for the infant and/or primary swimming programs. These permission slips have been handed out early to assist with our organisation for term 3. Thank you in advance.

Continued

Out Of School Hours Surveys

Thank you to everyone who completed the surveys recently. Unfortunately there is insufficient support for an out of school hours program to be held here.

Scott McKenzie
Principal

Respect, Achieve and Be Responsible

MOAMA PUBLIC SCHOOL CHOIR PERFORMING AT
ECHUCA REGIONAL HEALTH LAST FRIDAY





PARENT INFORMATION

What is bullying?

Bullying is when an individual or group uses its power and strength to repeatedly, deliberately and intentionally use words or actions against another or a group that hurts, threatens, excludes, harasses, humiliates verbally, physically, psychologically or electronically making the victim feel oppressed, traumatized and powerless.

What is cyberbullying?

Sending abusive texts, stalking, making threats, abusive emails, posting unkind messages or inappropriate images on sites, intimidating and deliberately excluding others online.

What bullying is not

- Disliking someone.
- Bad moods/ arguments/ being "bossy".
- Accidental or once off incidents physical harm.
- Telling a joke about someone once.
- Not playing with someone or choosing different people/ groups to play with.

Traditional Bullying

VS

Cyberbullying

- Face to face.
- Can find a safe space or escape.
- Limited to onlookers.
- Bully can be identified.
- Can see facial and body reaction.
of target and onlookers.

- 24 hours a day, 7 days a week, 365 days a year.
- No safe space- hard to escape.
- Shared by a wide audience, can go viral in a matter of seconds.
- Bully can be anonymous.
- Harder to empathize with the target.
- No geographical limitations.
- The target can easily become the bully.

Cyberbullying

As a parent learn the language, play the games, research the apps they use, role model positive behaviour but don't ban devices.

Encourage your children to:

Be critical thinkers.
Have empathy for others.
Respect themselves and those around them.
Take responsibility for their actions.

Be resilient.
Remove technology from the bedroom.
Talk about being safe online.

HELP AND RESOURCES

If you are experiencing violence or threats of violence, immediately report the incident to police.

All emergency and life-threatening incidents call **TRIPLE ZERO 000**

The Office of the eSafety Commissioner
1800 880 176
www.esafety.gov.au

Kids Helpline
1800 551 800
www.kidshelpline.com.au

Lifeline
13 11 14
www.lifeline.org.au

eHeadspace
1800 650 890
www.eheadspace.org.au

Beyondblue
1300 224 636
www.beyondblue.org.au

Lawstuff
www.lawstuff.org.au

BULLY ZERO™
www.bullyzero.org.au

Bullying. No Way!
www.bullyingnoway.gov.au

Think U Know
www.thinkuknow.org.au

Common Sense Media
www.common sense media.org

PARENTAL CONTROLS

Internet service providers e.g. Telstra, Optus, Dodo, TPG

Family Zone
www.familyzone.com/au

Net Nanny
www.netnanny.com

OurPact (free app)
www.ourpact.com

Life360 (free app)
www.life360.com

Want to make an impact? Support BULLY ZERO™ by sponsoring our education programs across Australia, visit our website for more information.
[03] 9094 3718 - www.bullyzero.org.au



CYBER SAFETY AND BULLYING PREVENTION PROGRAM

Our programs are delivered face-to-face nationwide, by qualified teachers and are certified by the Office of the eSafety Commissioner

CONTENTS:

- What is bullying / what is not
- The different types of bullying
- Facts and Australian statistics
- Who is involved
- Role of the Upstander
- Response to bullying
- Empathy and respect
- Online and offline behaviour
- Strategies
- Cyber safety
- Where to seek help

INCLUSIONS:

- Up to 4 Bullying Prevention Programs per day
- Uncapped number of participants
- Customised to your needs (no extra cost)
- Audio visual presentation, case studies, interactive activities and more
- BULLY ZERO™ Ambassador as guest speaker (subject to availability)
- Coreflute / brochures

Note: Contents delivered for each level are age appropriate and year level specific



Tuesday 23 July 2019

Preschool—Year 6 sessions during the day

Parent Session ~ 6.30pm—8.00pm

All parents/carers welcome



RSVP ~ Bully Zero ~ Parent Session

I will be attending the parent session on Tuesday 23 July.

Name _____

(Parent / Carer)



Enrolments are now open for 2020



Preschool Hours of Operation

Moama Public Aboriginal Preschool is in the grounds of Moama Public School and is open to all children indigenous and non-indigenous turning 4yrs before 31st July the year before they attend primary school.
We run one group over three sessions during school times:

9:05am to 3:05pm - Monday, Tuesday and Wednesday.

(18 Hours in Total)

Enrolment Enquiries:

Phone: 03 5482 1564

Email: moama-p.school@det.nsw.edu.au



Parents/carers – did you know that you can use our School Stream smartphone app to send us the following forms?

- **Absentee form** – to advise us if your child is going to be away.
- **Bus travel form** – if you need to advise us if your child is going or not going on the daily school bus.
- **Change of details form** – to advise us of a change of contact or address details.

Open the app for Moama PS - scroll down and click on FORMS to fill in and submit to the school.



The Woolworths Earn & Learn program will finish next week - on the 25th June!

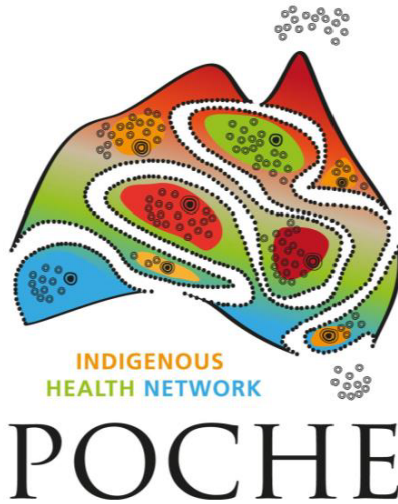
Don't forget to drop in all of your stickers in once the promotion ends.

Keep an eye out when you shop in store (or online) for products from the special Earn & Learn partner brands with bonus stickers. These products will earn you two bonus stickers. They should be easy to spot as they're clearly marked.

Thank you for collecting for us! Sticker books are available from our front office.

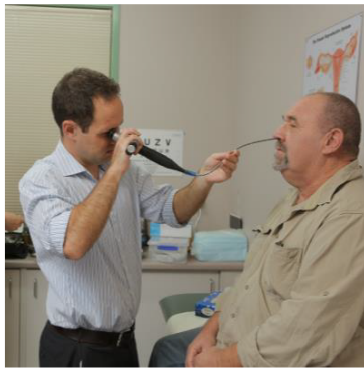


THE UNIVERSITY OF
SYDNEY



KEY THINKERS FORUM

Ear Health in Aboriginal & Torres Strait Islander People



When

Tuesday, 6th August 2019

09:00 – 12:30

Lunch will be provided

Where

Ground Floor Seminar Room

Room 203

RD Watt Building (H04)

University of Sydney

NSW, 2006

More information

poche.admin@sydney.edu.au

02 9114 0829

Register

Information on how to register.

www.tinyurl.com/KTF-earhealth

Ear health continues to be an issue with widespread long term effects on overall health and lifestyle in the Aboriginal and Torres Strait Islander population. We are coming together to talk about what needs to be done to change this.

Panel Members

- Carmen Parter
- Prof. Dennis McDermott
- Prof. Kelvin Kong
- Samantha Harkus
- Facilitated by Prof. Tom Calma (AO)

COMMUNITY NOTICES

Sunday 23 June 2019 - The art of the ensemble – a South West Music student workshop on making music together at the South West Music Regional Conservatorium 162 Hardinge St. Deniliquin from 9:30am to 10:30am. Facilitated by professional musicians Acacia Quartet. For ALL musicians especially those playing in bands or interested to play in bands. The cost is \$30 or free for SW Music students receiving individual tuition. Time 9.30 to 10.30am.

MS Readathon – register at www.msreadathon.org.au and help kids who have parents living with multiple sclerosis take part in the very special MS Family Camp. The Readathon Kicks off from 1st August to 31st August and is an exciting way to finish off the Premiers Reading Challenge.



Learn to Swim

School Holiday Intensive 1st to 5th July 2019

Venue:	Echuca War Memorial Aquatic Centre
Cost:	\$75.50
Age:	3 years and above
Program:	30 minute session daily for 5 days
Enrolment Closing Date:	Wednesday 26th June 2019

All teachers are Austswim qualified
For further information, or to enrol, contact EWMAC

EWMAC | 03 5483 9698 | www.campaspeaquatics.com.au



Children's Health

If your child is unwell, please keep him/her home until well enough to return to school to work effectively. A child who is unwell is unlikely to be able to, or want to, concentrate on the activities on the day.

For information on infectious diseases, including when your child can return to school etc. parents and carers can refer to the NSW Health website where you will also find Fact Sheets on current outbreaks.

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/childhood.aspx>

HELLO SCHOOL HOLIDAYS

WINTER 2019






BOOK ONLINE NOW AT:
CHILDRENSPROGRAMS.YMCA.ORG.AU

Eligible families can receive CCS, meaning your out of pockets costs could be less than advertised

Moama Public School Simms Street, Moama



ECHUCA/MOAMA
SCHOOL HOLIDAY PROGRAM

9 Simms Street, Moama | echucaandmoama@ymca.org.au | 0459 988 691 | 8:00am-6:00pm

Our holiday programs are full of stimulating and engaging activities for children currently enrolled in any primary school. This includes spontaneous and planned activities based on children's interests and abilities.

Children can enjoy the main activities for the day, and are also offered other activities such as:

- Art & craft
- Music & movement
- Puzzles/board games
- Outdoor/physical space
- Book/quiet corner
- Science, nature & sensory activities

ALL DAYS: Please bring a packed morning tea, afternoon tea and lunch. Make sure you have water, a hat and enclosed shoes.

Week 1

MONDAY 1ST JULY
Plaster painting and Slime Day

- Choose your plaster design and get creative with paint
- Let's get messy making all kinds of slime

TUESDAY 2ND JULY
Master Chef Cook Off

- Come and get creative in the kitchen
- Work together in teams create your favourite sweet or savoury dish
- Enjoy your delicious delights

WEDNESDAY 3RD JULY
Kyabram Fauna Park

- Travel to Kyabram to visit the local fauna park
- We will have a guided interactive tour with the animals and enjoy a picnic lunch
- Bus departs at 10:00am sharp returning at approx 3:30pm. (Bring lunch/snacks and water bottle)

THURSDAY 4TH JULY
Teddy Bears Picnic

- Bring your favourite teddy and favourite food to share at our picnic
- Lots of games, stories and activities for you and your teddy

FRIDAY 5TH JULY
Movies in Echuca

- We get to see Toy Story 4 at the local cinema
- heaps of cool activities when we are at the service
- Excursion permission form will need to be completed

Week 2

MONDAY 8TH JULY
Gravity Shack

- The team will have plenty of games/activities for everyone today
- Then we get bouncing at one of our favourite excursions
- Excursion form to be signed. Don't forget your Gravity Shack socks if you have them

TUESDAY 9TH JULY
Loose Parts Construction

- Use your design and imagination skills to create and construct your masterpiece

WEDNESDAY 10TH JULY
Pajama and technology day

- Come dressed in your PJs and bring along your tablet or a movie to watch
- Enjoy a relaxing chilled day with your friends and popcorn
- All tablets need to be pre-charged. G and PG games and movies only

THURSDAY 11TH JULY
Adventure Play Park in Moama

- Get into the great outdoors at the Adventure Park
- Enjoy the playground or have a game of footy
- We will have a sausage sizzle lunch at the park
- Excursion form to be signed. Bus to leave after morning tea, sausage sizzle lunch at the park

FRIDAY 12TH JULY
Party time for our last day

- We will be celebrating with a fun day of party games
- Join us for a pizza party lunch, bring some party food to share
- Pizza will be provided. Please bring a plate of party food to share

Program cost per day is \$82 per child before Child Care Subsidies are applied. Cost includes excursions, incursions and activities.

BOOKINGS & FEES

- All bookings are subject to availability
- Bookings are made via the online booking calendar
- Bookings made via the My Family Lounge App go to www.quantified.com.au/external/Authentication/SignIn
- Bookings will not be accepted on the day unless places, adequate staffing and resources are available
- Additional permissions are required for excursions
- Cancellations must be received in writing seven (7) days before the last day of school term
- A late fee of \$2 per minute applies when a child is picked up after closing time
- For more help with booking our program visit www.childrensprogramms.ymca.org.au

GENERAL INFORMATION

WHAT TO BRING

- Lunch & snack (nutritious & NUT FREE)
- Water bottle
- Weather appropriate clothing and shoes

ADDITIONAL NEEDS

Children with additional needs are welcome to attend our program. Families must contact the CSAC Coordinator at least four weeks prior to the holiday program to discuss the individual needs of your child and complete any funding applications.

- Headquarters
- Incursion
- Excursion

MOAMA PS P & C FUNDRAISER

DOUGHNUT DRIVE orders

LOADED BOX \$30:

Lemon Curd & Merengue
Salted Caramel & Honeycomb
Chocolate Kit Kat
Chocolate Aero & Mint
Nutella & Ferrero Rocher
White Choc & Oreo

LOADED BOX QTY

x \$30 each = \$_____

RING BOX \$20:

2x Passionfruit
2x Vanilla
2x Strawberry
2x Chocolate

RING BOX QTY

x \$20 each = \$_____

TOTAL PAYMENT ENCLOSED \$_____

NAME: _____

PHONE: _____

SPECIAL DIETARY? _____

ORDERS DUE WITH PAYMENT: **19th June 2019 by 3pm**
COLLECTION DATE: 26th June, 2019 - 11am-2pm
COLLECTION LOCATION: Moama Public School Hall

Moama Public School P&C Fundraiser